

LEADING THROUGH TURBULENCE

Times of turbulence may be cause for concern, but it doesn't have to be your team's downfall. In fact, turbulent times are inevitable in any workplace, so it's best to be prepared to lead your team in these situations.

By following a specific set of steps, business leaders and their teams will be able to effectively navigate the unexpected while also creating a positive and productive team culture in return.

These steps include:

- Improving communication skills to build trust, increase transparency and keep relationships on solid ground
- Strengthening their minds, bodies and spirits so that they can weather the storm no matter how long it lasts
- Gaining comfort using tools that keep us connected when apart
- Making decisions that show care and compassion for co-workers while creating positive outcomes for our companies

This CorpU course brings together experts on stress and resilience, positive psychology, communication, and organizational culture to highlight a selection of best practices that help employees cope with times of turbulence.

University of Michigan professors and best-selling authors Dave Ulrich, Kim Cameron and Bob Quinn share research-backed practices a workforce can adapt to create psychological safety in the face of uncertainty, strengthen their courage, and create empowering, positive cultures.

The course also features Shawn Achor, author of *The Happiness Advantage* and an expert on stress management, along with organization psychologists from the global consultancy, YSC, who share proven methods for developing resilience.

Author, keynote speaker, and management consultant, Mario Moussa, presents tools and methods to help teams work virtually, and improve how they communicate and collaborate.

OUTCOMES

- Understand how to develop the resilience needed to handle the crisis for its duration
- Discover why building courage means doing things while feeling fear
- Recognize how to maintain optimism by finding ways to contribute to others
- Shape a culture that unites all leaders and teams through cooperation and collaboration

YOU WILL

- Define the personal leadership values that will ground your actions and decisions throughout the crisis
- Share new best practices for motivating and communicating with virtual teams
- Identify and describe ways to shape the culture that your team has always wanted

ABOUT THE EXPERTS



ROBERT E. QUINN

UNIVERSITY OF MICHIGAN

Co-Founder, Center for Positive Organizations Author, *Economics of Higher Purpose*



DAVE ULRICH

UNIVERSITY OF MICHIGAN

#1 Management Guru by BusinessWeek
Father of Modern HR Author, *Reinventing the Organization*



KIM CAMERON

UNIVERSITY OF MICHIGAN

Co-Founder, Center for Positive Organizations Author, *Practicing Positive Leadership*



MARIO MOUSSA

MOUSSA CONSULTING

Co-Author, *The Art of Woo* and *Committed Teams*



SHAWN ACHOR

GOODTHINK INC.

Founder of Good Think, Inc.; Author of international best-selling book *The Happiness Advantage*